

PRESS KIT

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Trainer

Speaker

LILISA J. WILLIAMS

PRESS KIT

PRESS KIT

Coach

Author

Coach Lilisa



“transforming lives into greatness”

"Empowering, Motivating, Inspiring You To Success"



What others are saying about Lilisa:

"Lilisa's Relationship Empowerment seminar is a must attend for everyone who's ever been in a relationship. She gives practical guidelines that everyone needs to make their relationships happier and more enriching. Lilisa's course is without question one of the best seminars that I've seen that offer no-nonsense, take-home advice that you can use right away!"

Mildred Antenor, journalist/ radio and TV commentator

Lilisa, thank you so much for sharing with us at Cornerstone Chapel. Your words were powerful and you truly blessed me and I am sure others. I look forward to reading your book, God's Plan For My Success. Thank you also for praying for my daughter Holly as well as Ashley and Joey. I look forward to seeing and hearing from you again.
Blessings, Joe Silva

"Lilisa, the Relationship 101 Empowerment Seminar was very dynamic and brutally honest, which blessed me thoroughly. You were phenomenal, anointed and a transparent vessel of honor.
Minister Regena McCray-Palmer

"Lilisa, I really liked your book, God's Plan for My Success! I have women read different parts of your book during my training sessions. The women are encouraged and enlightened to know that they too can change their lives on any front. This book is what people need right now to help them transition to a new life."
*Angenette Washington,
CEO / Founder StyleHealth*

Past Speaking Engagements Include:

- Cornerstone Chapel Church – Pompton Plains, NJ
- Daughter's of Zion Retreat – Dallas, TX
- Sanctuary CEC – Cleveland, OH
- Bethel A.M.E. – Madison, NJ
- Houston Comm. Coll. – Houston, TX
- Rutgers University – Newark, NJ
- Women Destined For Greatness – NY
- Melanin Sisters Conf. – Brooklyn, NY

www.lilisajwilliams.com or 888-615-6777

Lilisa J. Williams's Speaker. Trainer. Coach. Author..

Lilisa J. Williams, MBA, PhD. candidate and four time author, is the CEO and Founder of Performance Strategies Unlimited, Inc., a leadership training company. She also founded Brand New Beginnings, Inc., a non-profit organization, committed to helping people transition from lives that are out of control through the power of faith, resiliency and cognitive change. Lilisa believes that people can change for the better and become a success; she did!



Sample Speaking Topics:

- Surviving, Striving and Thriving After Incest
- Overcoming Infidelity, Separation & Divorce
- No "PK" Left Behind: Achieving Spiritual & Academic Success
- 8 Strategies to Releasing Your Inner Power
 - Becoming A Self-Published Author!
 - The Empowered Leader & T.E.A.M.

Lilisa's is a dynamic speaker with a powerful testimony that will make you weep, laugh and think all in one-felt-swoop! She is intelligent, personable and full of energy. Her messages will inspire you to take action NOW on your goals and dreams.

Lilisa travels from New Jersey.

Impact Agency to book Lilisa J. Williams
www.impactagencyyny.com

"Success Is Possible If You Only Believe"

Star Ledger

A voice deep within her now speaks to others
by Harry Sartin/The Star-Ledger Monday
November 03, 2003, 5:25 AM



Star Ledger — Harry Sartin

A voice deep within her now speaks to others Monday, November 03, 2003

The first half of Lilia Williams' life had not gone well. There was rebellion and shame as a teenager growing up in Cincinnati. Dropping out of high school in the 11th grade left her isolated for years of academic frustration.

Drugs in the 1970s helped her escape a pain she would not discuss for years — an uncle had molested her from the time she was 5 until she was 15. Williams had no clear direction then, her world finally unraveling into prostitution, drug abuse and arrests for both offenses.

So Lilia Williams had nothing to lose when she left the Midwest city in 1997. She was 32, unemployed, living with her mother, and knowing she had to do something, even if she only had a General Equivalency Diploma from night school.

In a last-ditch effort to get out, she headed for Newark, where her sister lived — where her future surprise began to take place.



Lilia Williams moved to Newark for a new start. She now works in Newark where she takes control of her future.

Manon Braker, a private attorney who also works for Livingston and Orange, hired Williams as her legal secretary 12 years ago, even though she had little experience. She learned the ropes quickly, developing a rapport with clients, bringing an infectious personality and smile to the office.

"There was something about her that suggested I should take a chance on her and leave regret behind," he said. "It was clear to me, despite her background, God had some long-range plans for her. And I saw those plans unfolding for her."

This scene played out regularly for Williams, beginning when she came to Newark. An engineering company hired her as a file clerk and sent her to learn word processing at Essex County College, the Newark institution where she would emerge as an A student. "It clicked for me," she said. "It became so real to me. I could see myself in college."

Education finally made sense for a woman who failed so miserably in school. Williams took as many courses as possible before transferring to Union County College, where she graduated with honors in 1993, earning an associate's degree in business and public administration.

This was just the beginning. There was no place for her to go but up, nothing to hold her back. She earned two degrees from Fairleigh Dickinson University, a bachelor of arts in public administration and a masters in business administration. She worked with a lot of people and eventually realized that her life was to require others. She was in the chain of command when she was hired.

She said professors at the community colleges saw her get the few times she opened up about overcoming adversity. It would take a while, though, before Williams would understand her own story.

"I was trying to hide that stuff," she said. "I wasn't trying to go back to the City then."

She could have kept quiet, but a friend at one of her many jobs, this one as a recruiter at Newark airport, said something that would continue to haunt her. "Only the person that's been behind the door can help the people who are still behind the door."

Williams began to speak, primarily to women, some at churches, others in homes, sharing her tale of resilience.

Manon Braker, a former Newark councilwoman, can't forget how Williams emerged a group of women on Madison Avenue during a pre-Mothers Day conference this year.

"On my God," Braker said. "Every woman walked out of there standing two feet taller. She's been able to take the hurt and pain in her life and turn it into a gift."

Williams, 41, wants women and young girls to understand they do not have to put their lives on hold when things look bad.

"Everybody has greatness," she said. "There's nothing that can stop you but you." Just look at her. She was a high school dropout from what a college graduate and author of two motivational books. She's been married 15 years to her husband, whom she describes as incredible. Essex County College brought her on board as a business professor in the evening and she has her dream job during the day as a training coordinator at the Windrock Group facility, a halfway house in Newark.

Williams wants to be their example of achievement, the model to reshape their lives. It's why she's pursuing an on-line doctorate in training and performance improvement to show women there should keep pushing.

"It's not just about me," she said. "It's all about who I can help."

Hillside Leader

HILLSIDE LEADER THURSDAY, JUNE 10, 1994

student update

Local success stories graduate

Maria C. Corrothers of Elizabeth, a Cuban native who emigrated to the United States from Spain just six years ago, received Union County College's coveted alumni prize as the top graduate at May 26 commencement ceremonies that officially closed the 60th anniversary celebration.

Lilia Williams of Hillside, a legal secretary and Navy veteran, received the Post-Grad Award as a person producing student who also lost employment at the college's death. The Post-Grad Award was established 56 years ago as a memorial to two young men who were killed in an accident on route to their graduation.

Corrothers, who completed her associate's degree program in computer science with a 4.00 grade-point average, topped 1,000 fellow graduates. She finished her program one year after her sister, Maria J. Corrothers, completed an associate's degree program in engineering/mechanical and was how ever an one of the 1993 top students at Union County College.

Upon arriving in the United States in 1988, Corrothers, now 22, immediately enrolled in English-as-a-Second Language classes through the college's Institute for Intensive English, and after completing the program, enrolled in the associate's degree program.

"It was a completely different experience — the culture, new language, situation, environment," she said. "It took about a year to get used to it."

But with hard work and a desire to succeed, she said she was able to adjust to overcome these obstacles, but to enroll in UCC, she attributed much of her motivation to her faithful upbringing, through which her parents always encouraged her and her sister to study and take advantage of as many varied learning opportunities as possible.

Despite her age, Corrothers acknowledges that her personal commitment to her studies is based on her caring, loving, established great early in her life as a foundation in structuring her life.

She selected her major because "I always liked computers, technology, mathematics. I like to see how things work, not just information back,



Lilia Williams, left, received the Post-Grad Award at Union County College's 60th anniversary commencement May 26. She was congratulated by Frank A. Boldan, chairman of the board of trustees.

which is somewhat different from the humanities," said Corrothers. During her tenure at UCC, Corrothers worked part time as a laboratory assistant with the college's Computer Services Department, where she accepted other student work programs and translated software. Her extracurricular activities included membership in the International Cultural Exchange, a student organization; vice president of the Chess Club, and a writer for the "Pocahontas Student Voice" literary magazine.

Williams, who is married and has a daughter, has been working full time for the past two years as a legal secretary for Marwan Braker of Hillside. A business/public administration major, she first enrolled at UCC in 1992 because "I felt like something was missing. I wasn't doing anything beyond working and felt as if I wasn't a woman."

The 37-year-old woman noted that in her earlier career area of purchas-

ing, she had noted many people who received promotions in the field despite having less experience than herself, all because they had the college degree that she lacked.

While at UCC, Williams, who held a 3.56 grade-point average, was actively involved in efforts to develop her management and leadership skills. She served as regional president of Phi Theta Kappa, a national honor fraternity for two-year colleges, and was a vice president and past presidency chairperson of the local fraternity's Eta Xi Chapter at UCC.

She has been named to the national All American Team among only 60 students a year-year college nationwide, and to "Who's Who Among Students at Union County College." She has received a Key Award for service to the college and the Bicentennial, Government, History Award for excellence in American Government and Politics.

Trainer



**Marriott Hotel
Small Business Women's
Conference**

Lilisa - what a powerful presentation! It was a blessing to attend your Release Your Power Seminar. The seminar is an investment for attendees in themselves...to clearly see God's destiny for their lives and finally make the breakthrough to release the power within them. The binder, certificate, worksheets, pens, snacks and of course your dynamic walk-through of the power point presentation was so on point. The interaction of kindred spirits was so affirming.

Allison Banks



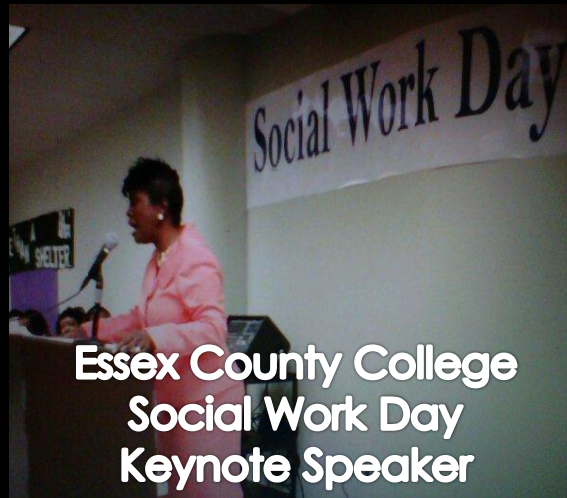
**Women's Empowerment
& Self Esteem Workshop
Newark, NJ**

Speaker

Lilisa, what an honor it was on yesterday at the Lift My Spirit, session. You had such an impact on everyone there. The Spirit of God used you in a mighty way. The young ladies there were drawn to the anointing upon your life. I believe that the influence of righteousness and relationship with the Father was sealed in the spirit realm. No matter what the enemy meant for bad it is working together for the good of those who love God.

You have tapped into the Third Day Generation and God has given you exactly what to say and do to reach them you are an awesome woman of God. Have a blessed and prosperous Mother's Day.

Love Bernadine



Coach

College Students



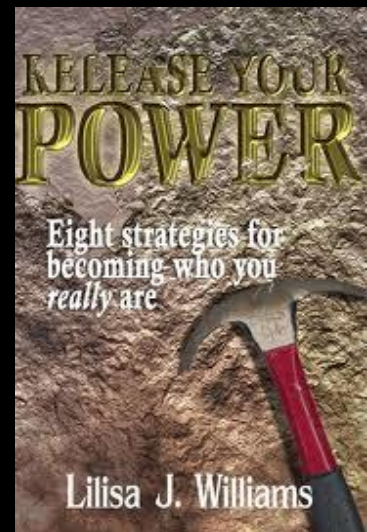
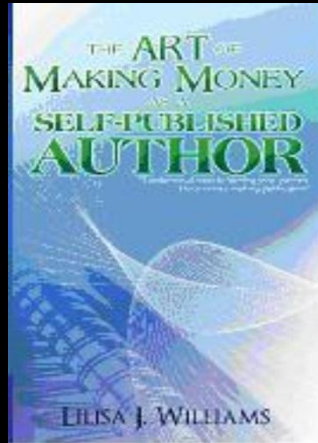
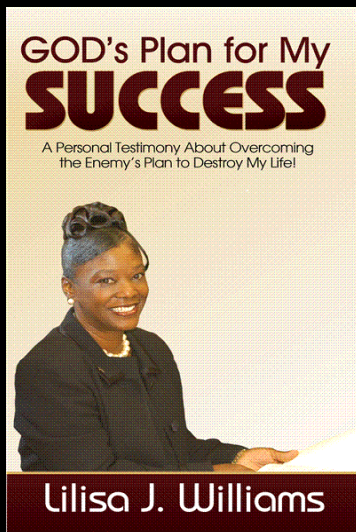
I wanted to take this opportunity to thank you for coming to speak to my students at Rutgers University, Newark Campus on October 28, 2004. The purpose of the speaking engagement was to inform and educate our undergraduate criminal justice students about self-empowerment, self-acceptance and shattering of stereotypes. Having you come to speak about your life experiences can facilitate something that theories and formulas often cannot: that is to prepare students for life outside of school fueled by advice from a pioneer like yourself.

**Rose-Marie Aikas, MSW, MA
Lecturer, Ph.D student
School of Criminal Justice
Rutgers University**

Author

Motivation

Encouragement



Inspiration

Empowerment

Past Speaking Engagements:

- Proctor & Gamble – Cincinnati, OH
- Continental Airlines – Newark, NJ
 - Andrews Air Force Base - NJ
 - Cornerstone Chapel Church – Pompton Plains, NJ
- Daughter's of Zion Retreat – Dallas, TX
 - Sanctuary CEC – Cleveland, OH
- Monumental Baptist Church – JC, NJ
 - Bethel A.M.E. – Madison, NJ
 - Houston Comm. Coll. – Houston, TX
- Passaic County Coll. – Patterson, NJ
 - Rutgers University – Newark, NJ
- Women Destined For Greatness – NY
 - Melanin Sisters Conf. – Brooklyn, NY

Speaking Topics:

- Release Your Power & ROCK!
- Don't Procrastinate Activate
- From **BROKE TO BILLIONAIRE** . . . *Mindset!*
- Thriving Beyond Sexual Abuse
- Winning Against the Odds!
- 8 Steps to Your Destiny
- Becoming A Self-Published Success!

About Lilisa

National Corporate trainer's success triggers a media frenzy.

The confident, charismatic, and professional demeanor gives no indication that Lilisa Williams was a high school dropout, drug addict, and incarcerated for prostitution, but she was. A definitive and powerful vision is responsible for Lilisa's life becoming an awe-inspiring, epic account of tragedy to triumph. Supported by her faith in God, a selfless spirit, and a vision to recreate her life and share with others, Williams has since earned a Bachelor of Arts in Political Science, a Master's in Business Administration. Additionally, she is scheduled to receive her Ph.D. in 2010.

The astonishing revelation of Williams' success is triggering a media frenzy - and justifiably so. The New Jersey Training Coordinator is also a two-time author and the host of "Manifesting God's Word Ministry Talk Show." Williams speaks primarily to women, churches, prisons, and organizations where she shares her powerful story of deliverance. She lends more than encouraging words, she inspires all who she reaches.

Lilisa J. Williams is available for interviews and speaking engagements.

For additional information, email info@lilisajwilliams.com and visit www.lilisajwilliams.com

Contact

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